



Online Preview

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intense. Get a full eight hours of sleep and make sure you drink at least 64 ounces of water each day. **enummi® Restoring Eye Cream** helps combat dark circles around the eyes with peptides that reduce the appearance of puffiness, fine lines, and wrinkles.

### **MY SKIN FEELS DRY. WHAT CAN I DO?**

Use a gentle cleanser like **enummi Gentle Facial Cleanser** and apply **enummi Protective Day Moisturizer** in the morning and **enummi Night Recovery Cream** at night. **enummi Night Recovery Cream** works hard while you sleep to rejuvenate, retain moisture, and reduce the signs of aging so you can wake up to a refreshed and luminous complexion. You can even apply it before **enummi Protective Day Moisturizer** for extra hydration.



“I have very oily skin and before I started using enummi® Skin Care products, I couldn’t find products that would help keep my skin balanced. I cannot live without my 4Life enummi products!”

**Martha Delgado**  
International Diamond  
Florida, USA





“You can find an enummi® Skin Care product in almost every room in our house. I take these products everywhere I go in the world.”

**Gabriela Daughtrey**

Platinum International Diamond

California, USA

**4Life**<sup>®</sup>

TOGETHER, BUILDING PEOPLE<sup>®</sup>

For more information about  
4Life products, please contact:



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COMMONLY ASKED QUESTIONS ABOUT

ENUMMI®  
SKIN CARE

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## **WHAT MAKES ENUMMI® SKIN CARE UNIQUE?**

enummi Skin Care offers much more than just support for innovative beauty. It's the only complete skin care system that includes 4Life Transfer Factor®. And, each product is packed with natural botanicals, anti-aging and antioxidant support, and proven ingredients that give your skin the hydration, nourishment, and protection it needs.

## **WHAT PRODUCTS ARE INCLUDED IN THE ENUMMI SKIN CARE LINE?**

### **Cleanse**

enummi® Gentle Facial Cleanser

### **Tone**

enummi® Refreshing Toner

### **Target**

enummi® Life C Energizing Serum™

enummi® Restoring Eye Cream

### **Moisturize**

enummi® Protective Day Moisturizer

enummi® Night Recovery Cream



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## **HOW DOES THE IMMUNE SYSTEM RELATE TO YOUR SKIN?**

Your skin is a key component of your immune system. It is the very first line of defense against outside elements such as dirt, debris, bacteria, and allergens. Taking care of your skin is a big part of keeping your whole body healthy.

## **WHAT SKIN TYPES CAN BENEFIT FROM THE ENUMMI® SKIN CARE LINE?**

enummi Skin Care products have been formulated with gentle ingredients to support all skin types: dry, normal, combination, and oily.

## **I'VE NEVER USED A MOISTURIZER BEFORE. IS IT TOO LATE TO START?**

Moisturizing is an important part of any skin care routine. This key step provides vital hydration, restores healthy moisture barrier function, and supports the skin's natural defense against the effects of aging. If you have never moisturized before, don't wait another day. Aging skin loses its natural ability to stay hydrated, so it's important to restore moisture.



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And, you should protect your skin with an SPF product every single day! **enummi® Protective Day Moisturizer** provides vital SPF 15 protection, while nutrients and antioxidants create a moisture barrier to leave your skin hydrated, nourished, and protected.

## **WHAT ARE THE BENEFITS OF USING A TONER AS PART OF A SKIN CARE ROUTINE?**

Applying toner restores proper pH, adds moisturizing ingredients, and prepares skin for target products. **enummi Refreshing Toner** nourishes your skin with vitamins, antioxidants, and vital moisture to bring your skin into balance and prepare it for nutrient-rich treatments. As a refresher throughout the day, you can spray it lightly over your skin for added moisture and revitalization.



## **HOW CAN I IMPROVE THE LOOK AND APPEARANCE OF MY SKIN?**

Eat a healthy diet, drink plenty of water, exercise regularly, get plenty of sleep, and reduce stress levels. Also, choose a focused product like **enummi® Life C Energizing Serum™**. This serum combines vitamin C and other botanicals to help energize sallow and tired-looking skin, improve texture and luminosity, diminish the appearance of age spots, and give skin the protection it needs against the elements.

## **WHAT CAUSES DARK CIRCLES UNDER MY EYES?**

Dark circles are a condition that may become more prevalent with age. Heredity, sun exposure, lack of hydration and nutrition, and stress may make dark circles appear more